



Registered Charity in Scotland SC036263 Company Limited by Guarantee SC341157

Break The Silence – Strategic Priorities 2025-2027

Strengthening Our Services

- Provide accessible, trauma-informed therapy which meets the diverse needs of people affected by childhood sexual trauma.
- Offer a choice/range of therapeutic modalities.
- Sustain high professional standards through accreditations, learning and development.
- Ensure swift access to support.
- Service impact evaluation.
- Strengthen organisational resilience.

Amplifying Survivor Voices/ Influencing Policy & Driving Change

- Shape service improvements through feedback, learning and development.
- Advocate for policy and systemic change in trauma support through research, lived experience and knowledge sharing.
- Contribute to national conversations to increase awareness of childhood sexual trauma to improve understanding, highlight inequalities, to prevent childhood sexual trauma and support early intervention.

Sustainability & Growth

- Strategic organisational development to aid long-term service provision.
- Operational capacity building through governance, leadership, and staff development.
- Contribute to environmental and social responsibilities; equality, diversity and inclusion.